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Tamil Nadu Medical
Council (TNMC) for
**4 CME Credit
Hours**

12TH

INTERNATIONAL DIABETES AND ENDOCRINE CONFERENCE

8th - 9th Aug 2026 | Le Méridien, Coimbatore



**DECON
2026**



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Greetings from Team DECON

Dear Delegate,

Continuing its legacy of excellence, the International Diabetes and Endocrine Conference (DECON) proudly enters its twelfth year as a premier global academic event. Over the past decade, DECON has emerged as a leading platform for advancing knowledge and innovation in the fields of diabetes, thyroid disorders, endocrinology, and maternal medicine, bringing together experts and clinicians from across the world.

It is our pleasure to extend a special invitation to you as our esteemed guest for DECON 2026 – the 12th International Diabetes and Endocrine Conference, scheduled to be held from 8th to 9th August 2026. Your presence and participation would greatly enrich this milestone event.

This prestigious conference is being organized in collaboration with renowned international societies, including the International Society of Endocrinology – Switzerland, ASEAN Federation of Endocrine Societies (AFES) – Philippines, South Asian Federation of Endocrine Societies (SAFES) – Colombo, and the Association of British Clinical Diabetologists (ABCD).

DECON 2026 will take place at the Hotel Le Méridien, Coimbatore, and will feature an outstanding scientific program led by distinguished national and international faculty. We sincerely look forward to welcoming you and benefitting from your valuable insights and expertise.

Your participation will be instrumental in making DECON 2026 another landmark success.

Patrons

**Dr. Daniel
Flanagan**
UK



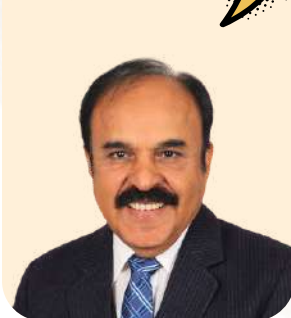
Dr. V Mohan
Chennai



Dr. Murthy
Chennai



**Dr. A
Muruganathan**
Tirupur



International Speakers

**Dr. Dina
Shrestha**
Nepal



**Dr. Punith
Kempegowda**



National Speakers

**Dr Abhay
Sahoo**

Bhubaneswar



**Dr. Ajith
Kumar**

Trivandrum



**Dr. Akhil
Krishna**

Trivandrum



**Dr. Amirthava
Ghosh**

Raipur



**Dr. Anand Kumar
Annamalai**

Madurai



**Dr. Anant
Nigam**

Jaipur



**Dr. Antresa
Jose**

Kottayam



**Dr. Anuj
Maheshwari**

Lucknow



**Dr Anwar
Hussain**

Vellore



**Dr Arpan Dev
Bhattacharyya**

Bangalore



**Dr. Arun
Raghavan**

Chennai



Dr. Basavaraj

Bangalore



National Speakers

Dr. Beatrice Anne
Hyderabad



Dr. Belinda George
Bangalore



Dr. Bharath Ramji
Chennai



Dr Chandhana
Hyderabad



Dr. Deepak Khandelwal
Delhi



Dr Dharani Krishnan
Chennai



Dr. Durairaj Arjunan
Coimbatore



Dr G. Shanmuga Sundar
Chennai



Dr. Gagan Priya
Mohali



Dr. Ganavi Y. P
Bangalore



Dr Geena Susan
Kochi



Dr. Hridish Narayan Chakravarti
West Bengal



National Speakers

**Dr. Ipsita
Mishra**
Cuttack



Dr Jeevan
Kochi



**Dr Joe
George**
Kolkata



**Prof. Dr.
Jayshree Swain**
Cuttack



**Dr. Kaushik
Pandit**
Kolkata



**Dr Kiran
Kumar**
Hyderabad



**Dr. Kripa
Sridhar**
Coimbatore



**Dr. KVS Hari
Kumar**
Hyderabad



**Dr Lakshmi
RH**
Chennai



**Dr M. V. Rama
Mohan**
Nellore



**Dr. Manoj
Chawla**
Mumbai



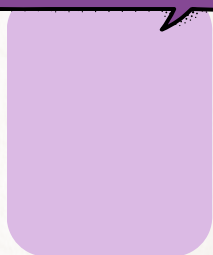
**Dr. Matthew
John**
Coimbatore



National Speakers

Mr Kumar

Bangalore



Dr Muruganathan

Tirupur



**Dr Narayanan
Kandhasamy**

Chennai



**Dr Nibu
Dominic**

Kochi



**Dr. Nivethitha
Karthika**

Madurai



**Dr. Prasanth
Sankar**

Pathanamthitta



**Dr Prem
Narayanan**

Palakkad



Dr Priyadhrshini

Erode



**Dr Rajesh
Rajendran**

Chennai



Dr Ramasami

Coimbatore



Dr Ravi

Hyderabad



**Dr. Rucha J
Mehta**

Ahmedabad



National Speakers

Dr. Sameer Aggarwal
Haryana



Dr. Sampath Sathish Kumar
Bangalore



Dr Saptarshi Bhattacharya
Delhi



Dr Shreya Sharma
Delhi



Dr. Shiny Surendran
Chennai



Dr. Sonali Appaiah
Bangalore



Dr. Sowrabha Bhat
Bangalore



Dr Sri Nagesh
Hyderabad



Dr Srinivasan
Coimbatore



Dr. Subramanian Swaminathan
Chennai



Dr Sumana Reddy
Hyderabad



Dr Suresh Damodharan
Coimbatore



National Speakers

**Dr. Tejas
Shah**
Mumbai



**Dr.
Thangavelu E**
Erode



**Dr. Thiyagarajan
Thangavelu**
Coimbatore



**Dr. Usha
Ayyagari**
Chennai



Dr. V Mohan
Chennai



**Dr. Vidhya Rajeev
Jahagirdar**
Coimbatore



**Dr. Vijay
Bhaskar Reddy**
Pondicherry



**Dr. Y.
Dayanand**
Chennai





DECON 2026

8th - 9th August 2026
Le Méridien, Coimbatore



DR V MOHAN ORATION

Do we really need to
vaccinate every Indian
adult with Type 2 DM: What
does the Evidence say?



DR ANUJ MAHESHWARI



Damodharan Hall



8th August, 2026



12:15 - 12:40 PM

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DECON 2026

8th - 9th August 2026
Le Méridien, Coimbatore



DR MURUGANATHAN ORATION

Precision Diabetes
is now a reality

DR V MOHAN



Damodharan Hall



8th August, 2026



12:40 - 1:05 PM

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Day 1 | 8th Aug 2026 | Damodharan Hall

08:00 AM onwards	Registration	
09:05 AM – 09:40 AM	Chairpersons: Dr Prasanth Shankar (Pathanamthitta)	
09:05 – 09:20AM	T2D prevention in Prediabetes : Integrating Pharmacologic and Lifestyle therapies	Dr Sowrabha Bhat (Bangalore)
09:20 – 09:35 AM	Reccurent UTI in patients with Sglt2-i ?	Dr Lakshmi RH (Chennai)
09:35 – 09:40 AM	Discussion	
09:40 – 10:10 AM		
09:40- 10:10 AM	A 50-year-old patient with a BMI of 30 kg/m², recent myocardial infarction, active diabetic foot ulcer, eGFR 28 mL/min/1.73 m², severe painful diabetic neuropathy, and an HbA1c of 10.5% presents for management. Discussion Points 1. Nutritional and Lifestyle Management 2. Optimizing Glycemic Control: Evidence-Based Therapeutic Approaches 3. Comprehensive Management of Diabetes-Related Complications	Dr Prasanth Sankar (Pathanamthitta), Dr Arun Raghavan (Chennai) (Mod) Dr Rajesh Rajendran (Chennai), Dr Sowrabha Bhat (Bangalore), Dr Lakshmi RH (Chennai)

Day 1 | 8th Aug 2026 | Damodharan Hall

10:15 – 10:40 AM	Keynote Talk-1	Chairpersons:
10:15 – 10:35 AM	The Hidden Variables in Today's Semaglutide Choice: What Should Clinicians Look For?	Dr Jeevan (Kochi)
10:35 – 10:40 AM	Discussion	
10:40 – 11:20 AM	INAUGURATION	
11:20 – 12:00 PM	Eli Lilly Symposia	Chairpersons:
11:20 – 11:40 AM	Decoding Mounjaro's Superior results Vs Semaglutide	Dr Anand Kumar Annamalai (Madurai)
11:40 – 12:00 PM	Beyond GLP-1 RAs : Mounjaro-A Class of its Own	Dr Anant Nigam (Jaipur)
12:00 – 12:15 PM	Panel Discussion	
12:15 – 01:05 PM		Chairpersons:
12:15 – 12:40 PM	V Mohan Oration: Do we really need to vaccinate every Indian adult with Type 2 DM: What does the Evidence say?	Dr Anuj Maheshwari (Lucknow)
12:40-1:05 PM	Dr Muruganathan Oration: Precision Diabetes is now a reality	Dr V Mohan (Chennai)

Day 1 | 8th Aug 2026 | Damodharan Hall

01:10 – 02:00 PM	LUNCH BREAK	
02:00 – 02:35 PM	Chairpersons:	
02:00 – 02:15 PM	Mitochondrial dysfunction and Metabolic Instability	Dr Joe George (Calicut)
02:15– 02:30 PM	Zydus Symposia: Imeglimin: An powerhouse approach in T2DM	Dr Abhay Sahoo (Bhubaneswar)
02:30– 02:35 PM	Discussion	
02:35 – 03:20 PM	Novo Symposia	
02:35 – 02:55 PM	Protein Engineering for Reduced Insulin Burden : The Advent of Icodec	Dr Arpan Dev Bhattacharyya (Bangalore)
02:55 – 03:15 PM	Diabetic Ketoacidosis in the changing world with diabetes technology	Dr Punith Kempegowda(UK)
03:15 – 03:20 PM	Discussion	
03:20 – 04:05 PM	Innovation in Diabetes Care	
03:20–03:40 PM	Semaglutide in practice: Pratcal insight for practioners	Dr Prem Narayanan(Palakad)
03:40–04:00 PM	EM 10374 Gaps in Current Managment for cardio Renal Patients focus on hyper kalemia	Dr Ramasami (Coimbatore)

Day 1 | 8th Aug 2026 | Damodharan Hall

03:20 – 04:05 PM	Innovation in Diabetes Care (Cont.)	Chairpersons:
04:00–04:05 PM	Discussion	
04:05 – 04:40 PM	Diabetes & Technology	Chairpersons:
04:05 – 04:25 PM	Continuous Glucose Monitoring: with connected care system – Clinical case scenarios	Dr Suresh Damodharan (Coimbatore)
04:25 – 04:40 PM	Medical, Legal, and Ethical Implications of AI in clinical Care	Dr Durairaj Arjunan (panel) (mod), Dr Basavaraj S (Bangalore) Dr Suresh Damodharan (Coimbatore) Mr Kumar (Bangalore), Dr Thiyagarajan T (Coimbatore)
04:40 – 05:25 PM	Diabetes Maxima	Chairpersons:
04:40 – 05:00 PM	IGlarLixi: a Simplified approach for T2DM Management	Dr Priyadhrshini (Erode)
05:00 – 05:20 PM	Basal Insulin–GLP1 RA Synergy: Translating Evidence into practice	Dr Narayanan (Chennai)
05:20 – 05:25 PM	Discussion	

Day 1 | 8th Aug 2026 | Damodharan Hall

5:25 – 06:30 PM	Foot Symposia	Chairpersons:
5:25-05:40	Don't Wait for the Wound: Detect the High-Risk Foot Early	Dr Ajith Kumar (Trivandrum)
05:40-05:55	Non-Healing Diabetic Ulcers: Early Closure vs Split Skin Grafting – Which Is Better?	Dr Thangavelu E (Erode)
05:55-06:10	Diabetes Foot disease and sequelae	Dr Anwar Hussain (Vellore)
06:10-06:25	Biofilm –the invisible threat in DFU	Dr Amritava Ghosh (Raipur)
06:25 – 06:30 PM	Discussion	
06:30 – 07:00 PM		Chairpersons:
06:30 – 06:50 PM	Implementing the international guidelines on DKA and HHS through national surveillance registry- Experiences with DEKODE	Dr Punith Kempegowda (UK)
06:50 – 07:05 PM	Obesity,a chronic disease	Dr Deepak Khandelwal (Delhi)
07:05 – 07:20 PM	His Diabetes, Her Diabetes: Are They Really the Same Disease?	Dr Sampath Sathish Kumar (Bangalore)
07:20 – 07:35 PM		
07:35 – 07:50 PM		
07:50 – 08:00 PM	Discussion	

Day 1 | 8th Aug 2026 | Mahendran Hall

08:00 AM onwards	Registration	
09:10 AM – 10:15 AM	Thyroid Grey zone	Chairpersons:
09:10 – 09:25 AM	TSH fluctuations: when to repeat? When to react?	Dr Ravi (Hyderabad)
09:25 – 09:40 AM	A 30-year-old lady on 200 mcg Levothyroxine with TSH 30: What are we missing?	Dr Mathew John (Trivandrum)
09:40 – 09:55 AM	Thyroid disorders in pregnancy: A look at the recent guidelines	Dr KVS Hari Kumar (Hyderabad)
09:55 – 10:10 AM	Should we treat Subclinical Hypothyroidism ?	Dr Sonali Appiah (Bangalore)
10:10–10:15 AM	Discussion	
10:15–11:20 AM	INAUGURATION in Hall A	
10:15 – 11:55 AM	Wellness Symposia	Chairpersons:
10:15–10:30 PM	Right Diet for Diabetes.	Dr Dharani Krishnan (Chennai)
11:20–11:35 AM	The Best Diet: Does One Size Fit All?	Ms Shiny Surendran (Chennai)
11:35–11:50 AM	Fitness Routine For Doctors – Doctors first heal thyself	Dr Rajesh Rajendran (Chennai)
11:50–11:55 AM	Discussion	

Day 1 | 8th Aug 2026 | Mahendran Hall

11:55 – 12:20 PM	Panel Discussion	Chairpersons:
11:55 – 12:20 PM	Walking the Talk: How prioritizing your own wellness as a Doctor Transforms Patient Care The panel can explore the psychology of how doctors who actively manage their own diet and fitness are often more effective at counseling patients on lifestyle interventions.	Dr Rajesh Rajendran (Chennai) (Mod), Ms Shiny Surendran (Chennai), Dr Suresh Damodharan (Coimbatore), Dr Dharani Krishnan (Chennai)
12:30 – 1:10 PM	HALL A	
01:00 – 02:00 PM	LUNCH BREAK	
02:00 – 02:35 PM	Pituitary Symposia	Chairpersons:
02:00 – 02:15 PM	When to suspect pituitary disorders in primary care ?	Dr Gagan Priya (Mohali)
02:15 – 02:30 PM	A 32-Year-Old Woman with subfertility and a Prolactin of 45 ng/mL: Treat, Repeat, or Ignore?	Dr Arpan bhattacharyya (Bangalore)
2:30-02:35 PM	Discussion	

Day 1 | 8th Aug 2026 | Mahendran Hall

02:35 – 03:10 PM		Chairpersons:
02:35 – 02:50 PM	A 38 year old male with Low Cortisol, Low FT4, and Low Testosterone: Where Is the Problem?	Dr Usha Ayyagari (Chennai)
02:50–03:05 PM	A 52-Year-Old with an Incidental Pituitary Lesion: how to handle ?	Dr Ganavi YP (Bangalore)
03:05–03:10 PM	Discussion	
03:10 – 03:40 PM		Chairpersons:
03:10 – 03:40 PM	Pituitary: Case based panel discussion	Dr Arpan bhattacharyya Dr Gagan Priya Dr Ganavi YP Dr Sameer Agarwal Dr Usha Ayyagari Dr Depak Khandelwal
03:40 – 04:30 PM		Chairpersons:
03:40 – 03:55 PM	A 19-Year-Old Woman with Irregular Periods Since Menarche: Is It Always PMOS?	Dr Vidhya Rajeev Jahagirdar (Coimbatore)
03:55 – 04:10 PM	Why the name matters: Understanding Polyendocrine Metabolic Ovarian Syndrome in 2026	Dr Beatrice Anne (Hyderabad)

Day 1 | 8th Aug 2026 | Mahendran Hall

03:40 – 04:30 PM	Reproductive Endocrinology (Cont.)	Chairpersons:
04:10 – 04:25 PM	A 17-year-old boy presents with delayed puberty, absent secondary sexual characteristics, and low LH, FSH, and testosterone levels. MRI pituitary is normal. How would you approach puberty induction in hypogonadotropic hypogonadism?	Dr Belinda George (Bangalore)
04:25 – 04:30 PM	Discussion	
04:30 – 05:05 PM		Chairpersons:
04:30 – 04:45 PM	His and Her Diabetes: Sexual Dysfunction Across the Spectrum	Dr Kiran Kumar (Hyderabad)
04:45–05:00 PM	COMMON ERRORS IN DIABETES PRESCRIPTION	Dr Hridish Narayana Chakravarthi (West Bengal)
05:00–05:05 PM	Discussion	
05:05 – 05:20 PM	Endocrine Emergencies	Chairpersons:
05:05 – 05:20 PM	A 42-year-old woman develops polyuria, polydipsia, and hypernatremia within 24 hours following transsphenoidal pituitary surgery. Over the next few days, she develops hyponatremia and fluctuating urine output. How would you approach the diagnosis and management?	Dr Bharath Ramji (Chennai)

Day 1 | 8th Aug 2026 | Mahendran Hall

05:05 – 05:55 PM	Endocrine Emergencies (Cont.)	Chairpersons:
05:20 – 05:35 PM	Low Cortisol in the ICU: When Should Steroids Be Started?	Dr Shreya Sharma (Delhi)
05:35 – 05:50 PM	A 70-Year-Old with Fever, Delirium, and Atrial Fibrillation: Recognizing the Red Flags Before It's Too Late (Thyroid storm)	Dr Ipsita Mishra (Cuttack)
05:50 – 05:55 PM	Discussion	
05:55 – 06:35 PM		Chairpersons:
05:55 – 06:10 PM	When Cancer Therapy Causes Endocrine Failure	Prof. (Dr) Jayshree Swain (Bhubaneswar)
06:10 – 06:30 PM	Current Challenges in Diagnosis and Management of Pediatric Growth Hormone Deficiency	Dr Vijay Bhaskar Reddy (Pondicherry)
06:30 – 06:35 PM	Discussion	
06:35 – 07:15 PM	The Bone Clinic	Chairpersons:
06:35 – 06:50 PM	How do we manage osteoporosis in 2026: diagnostic and treatment updates	Dr Sumana Reddy (Hyderabad)
06:50 – 07:10 PM	A 58-Year-Old Woman with Three Vertebral Fractures and a Normal DEXA: What Are We Missing?	Dr Basavaraj Sooragonda (Bangalore)

Day 1 | 8th Aug 2026 | Mahendran Hall

06:35 – 07:15 PM	The Bone Clinic (Cont.)	Chairpersons:
07:10 – 07:15 PM	Discussion	
07:15 – 08:00 PM		Chairpersons:
07:15 – 07:30 PM	A patient on long-term osteoporosis therapy - continue, pause, or switch?	Dr Antresa Jose (Kottayam)
07:30 – 07:45 PM	A 58-year-old woman with diabetes, vertebral fracture, normal BMD, and vitamin D deficiency -what would you do next?	Dr Nibu Dominic (kochi)
07:45 – 08:00 PM	Discussion	

Day 2 | 9th Aug 2026 | Damodharan Hall

08:00 AM onwards	Registration	
09:20 AM – 09:40 AM	The Diabetes Detective	Chairpersons:
09:20 – 09:35 AM	An 83-Year-Old with Diabetes and Recurrent Falls: Choosing the Right Therapy	Dr Tejas Shah (Mumbai)
09:35 – 09:40 AM	Discussion	
09:40 – 11:20 AM	Obesity Master Class	Chairpersons:
09:40 – 09:55 AM	Sarcopenic obesity in Indians : Cause for concern	Dr Rucha J metha (Ahemadabad)
09:55 – 10:15 AM	Obesity in south asia : a different epidemic	Dr Dina Shrestha (Nepal)
10:15 – 10:30 AM	Obesity and Bone health: a case based discussion	Dr Saptarshi Bhattacharya (Delhi)
10:30 – 10:50 AM	Panel Discussion	
10:50 – 11:10 AM	Single Pathway T2DM Therapy for Multi-dimensional Clinical Benefits	Dr Manoj Chawla (Mumbai)
11:00 – 11:20 AM	When Diabetes isnt type 2: Identifying Atypical Diabetes(MODY, LADA)	Dr Sri Nagesh (Hyderabad)

Day 1 | 8th Aug 2026 | Damodharan Hall

11:30 – 01:00 PM	Infectious disease symposia	Chairpersons:
11:30 – 11:50 AM	Common bugs with Catastrophic consequences- case based discussions	Dr Kripa Sridar (Coimbatore)
11:50 – 12:10 PM	Shots that save lives- Vaccine updates	Dr Subramaniam Swaminathan (Chennai)
12:10 – 12:30 PM	Panel discussion- challenging cases and changing epidemiology.	Dr Y Dayanandan (Chennai)
12:30 – 12:50 PM	2026 vision of managing T2DM with CKD	Dr Nivethitha Kartika (Madurai)
12:40 – 1:00 PM	TBD	Dr Muruganathan (Tirupur)

Day 2 | 9th Aug 2026 | Mahendran Hall

08:00 AM onwards	Registration	
09:25 – 10:15 AM	Endocrine Disorders missed in OPD	Chairpersons:
09:25 – 09:40 AM	Resistant Hypertension : When to suspect endocrine causes?	Dr Kaushik Pandit (kolkata)
09:40– 09:55 AM	A 58-year-old man developed fatigue, nausea, and postural hypotension two weeks after stopping long-term glucocorticoids. Treatment and Prevention aspects	Dr Shriram Mhadevan(Chennai)
09:55–10:10 AM	Hirsutism in a post or perimenopausal woman	
10:10 – 10:15 AM	Discussion	
10:15 – 10:50 AM	Chairpersons:	
10:15 – 10:30 AM	When Laboratory Tests Mislead: Recognizing Pitfalls in Common Clinical Investigations	Dr Geena (Kochi)
10:30 – 10:45 AM	Premature Ovarian Insufficiency (POI) in Young Women: Beyond Bone Protection to Psychological & Cardiovascular Care	Dr G Shanmuga Sundar (Chennai)
10:45 – 10:50 AM	Discussion	

Day 2 | 9th Aug 2026 | Mahendran Hall

10:50 – 11:55 AM	Bones, Calcium & Clinical Conundrums	Chairpersons:
10:50 – 11:05 AM	Adult Non- Diabetic Recurrent Hypoglycemia	Dr Sameer Aggarwal (Harayana)
11:05 – 11:20 AM	55 year old man with serum calcium of 13 mg/dl. What next?	Dr Chandhana (Hyderabad)
11:20 – 11:35 AM	A 28-Year-Old with Tingling, Muscle Cramps, and a Calcium of 6.8 mg/d..	Dr Akhil Krishna (Thiruvananthapuram)
11:35 – 11:50 AM	Calcium and vitamin D across the lifespan	Dr. M V Rama Mohan (Nellore)
11:50 – 11:55 AM	Discussion	Chairpersons:

Organising Committee

Dr Moorthi
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Mr Pranav
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Ms. Raghavarshini
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DECON 2026



**Organizing
Secretary**



DR. SURESH DAMODHARAN

M.B.B.S, MRCP, (UK), CCST (Int-Medicine) (London) CCST
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Consultant Diabetes & Endocrinology, Sri Ramakrishna Hospital,
Coimbatore.

Ex-Vice-President, Endocrine Society of India

Vice-President, Endocrine Society of Tamil Nadu

Honorary Consultant in Derriford University Hospital, Plymouth, UK

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