



12TH

INTERNATIONAL DIABETES AND ENDOCRINE CONFERENCE

8th - 9th Aug 2026 | Le Méridien, Coimbatore



DECON 2026



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Greetings from Team DECON

Dear Delegate,

Continuing its legacy of excellence, the International Diabetes and Endocrine Conference (DECON) proudly enters its twelfth year as a premier global academic event. Over the past decade, DECON has emerged as a leading platform for advancing knowledge and innovation in the fields of diabetes, thyroid disorders, endocrinology, and maternal medicine, bringing together experts and clinicians from across the world.

It is our pleasure to extend a special invitation to you as our esteemed guest for DECON 2026 – the 12th International Diabetes and Endocrine Conference, scheduled to be held from 8th to 9th August 2026. Your presence and participation would greatly enrich this milestone event.

This prestigious conference is being organized in collaboration with renowned international societies, including the International Society of Endocrinology – Switzerland, ASEAN Federation of Endocrine Societies (AFES) – Philippines, South Asian Federation of Endocrine Societies (SAFES) – Colombo, and the Association of British Clinical Diabetologists (ABCD).

DECON 2026 will take place at the Hotel Le Méridien, Coimbatore, and will feature an outstanding scientific program led by distinguished national and international faculty. We sincerely look forward to welcoming you and benefitting from your valuable insights and expertise.

Your participation will be instrumental in making DECON 2026 another landmark success.

Patrons

**Dr. Daniel
Flanagan**
UK



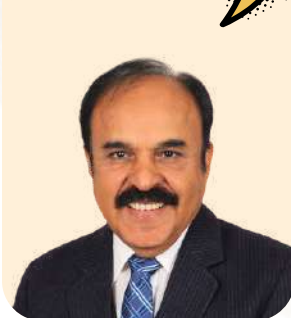
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Chennai



Dr. Murthy
Chennai



**Dr. A
Muruganathan**
Tirupur



International Speakers

**Dr. Dina
Shrestha**
Nepal



**Dr. Manilka
Sumanatilleke**
Colombo



**Dr. Punith
Kempegowda**
UK



National Speakers

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Muruganathan**
Tiruppur



**Dr. Ajith
Kumar**
Trivandrum



**Dr. Akhil
Krishna**
Trivandrum



**Dr. Amirthava
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Madurai



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**Dr. Anjana
Ranjit Mohan**
Chennai



**Dr. Antresa
Jose**
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**Dr. Anuj
Maheshwari**
Lucknow



**Dr. Arun
Raghavan**
Chennai



**Dr. Arun S
Menon**
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Dr. Basavaraj
Bangalore



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Hyderabad



Dr. Belinda George
Bangalore



Dr. Bharath Ramji
Chennai



Dr. Deepak Khandelwal
Delhi



Dr. Durairaj Arjunan
Coimbatore



Dr. Gagan Priya
Mohali



Dr. Ganavi Y. P
Bangalore



Dr. Ganesh H K
Mangalore



Dr. Hridish Narayan Chakravarti
West Bengal



Dr. Ipsita Mishra
Cuttack



Prof. Dr. Jayshree Swain
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Dr. Kaushik Pandit
Kolkata



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Chennai



Dr. Kripa Sridhar

Coimbatore



Dr. Kumaravel V

Madurai



Dr. KVS Hari Kumar

Hyderabad



Dr. Manoj Chawla

Mumbai



Dr. Matthew John

Coimbatore



Dr. Nanditha Arun

Chennai



Dr. Nivethitha Karthika

Madurai



Dr. P. L. Sreenivasan

Coimbatore



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Pathanamthitta



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Nellore



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Shetty**
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Haryana



**Dr. Sampath
Sathish Kumar**
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Dr. Vijay Bhaskar Reddy
Pondicherry



Dr. Y. Dayanand
Chennai



Day 1 | 8th Aug 2026 | Damodharan Hall

08:00 AM onwards	Registration	
09:05 AM – 09:40 AM	Chairpersons: Dr prasanth Shankar (Pathanamthitta)	
09:05 – 09:20AM	T2D prevention in Prediabetes : Integrating Pharmacologic and Lifestyle therapies	Dr Sowrabha Bhat (Bangalore)
09:20 – 09:35 AM	Reccurent UTI in patients with Sglt2-i ?	Dr Lakshmi RH (Chennai)
09:35 – 09:40 AM	Discussion	
09:40 – 10:10 AM	Moderator: Dr Arun Raghavan (Chennai)	
09:40- 10:10 AM	A 50-year-old patient with a BMI of 30 kg/m², recent myocardial infarction, active diabetic foot ulcer, eGFR 28 mL/min/1.73 m², severe painful diabetic neuropathy, and an HbA1c of 10.5% presents for management. Discussion Points 1. Nutritional and Lifestyle Management 2. Optimizing Glycemic Control: Evidence-Based Therapeutic Approaches 3. Comprehensive Management of Diabetes-Related Complications	Dr Prasanth Sankar (Pathanamthitta), Dr Rajesh Rajendran (Chennai), Dr Sowrabha Bhat, Dr Lakshmi RH

Day 1 | 8th Aug 2026 | Damodharan Hall

10:10 – 10:40 AM	Keynote Talk-1	Chairpersons:
10:10 – 10:35 AM	Diabetic Ketoacidosis in the changing world with diabetes technology	Dr Punith Kempegowda(UK)
10:35 – 10:40 AM	Discussion	
10:40 – 11:20 AM	INAUGURATION	
11:20 – 12:00 PM	Eli Lilly Symposia	Chairpersons:
11:20 – 11:40 AM	Decoding Mounjaro's Superior results Vs Semaglutide	Dr Anand Kumar Annamalai (Madurai)
11:40 – 12:00 PM	Beyond GLP-1 RAs : Mounjaro-A Class of its Own	Dr Anant Nigam (Jaipur)
12:00 – 12:15 PM	Panel Discussion	
12:15 – 01:05 PM		Chairpersons:
12:15 – 12:40 PM	V Mohan Oration: Do we really need to vaccinate every Indian adult with Type 2 DM: What does the Evidence say?	Dr Anuj Maheshwari (Lucknow)
12:40-1:05 PM	Dr Muruganathan Oration: Precision Diabetes is now a reality	Dr V Mohan (Chennai)

Day 1 | 8th Aug 2026 | Damodharan Hall

01:10 – 02:00 PM	LUNCH BREAK	
02:00 – 02:35 PM	Chairpersons:	
02:00 – 02:15 PM	Mitochondrial dysfunction and Metabolic Instability	Dr Joe George (Calicut)
02:15– 02:30 PM	Zydus Symposia: Imeglimin: An powerhouse approach in T2DM	Dr Abhay Sahoo (Bhubaneswar)
02:30– 02:35 PM	Discussion	
02:35 – 03:20 PM	Novo Symposia Chairpersons:	
02:35 – 02:55 PM	Protein Engineering for Reduced Insulin Burden : The Advent of Icodec	Dr Arpan Dev Bhattacharyya (Bangalore)
02:55 – 03:15 PM	The Hidden Variables in Today's Semaglutide Choice: What Should Clinicians Look For?	Dr Manoj Chawla (Mumbai)
03:15 – 03:20 PM	Discussion	
03:20 – 04:05 PM	Innovation in Diabetes Care Chairpersons:	
03:20–03:40 PM	Semaglutide in practice: Pratcal insight for practioners	
03:40–04:00 PM	EM 10374 Gaps in Current Managment for cardio Renal Patients focus on hyper kalemia	Dr Ramasami (Coimbatore)

Day 1 | 8th Aug 2026 | Damodharan Hall

03:20 – 04:05 PM	Innovation in Diabetes Care (Cont.)	Chairpersons:
04:00–04:05 PM	Discussion	
04:05 – 04:40 PM	Diabetes & Technology	Chairpersons:
04:05 – 04:25 PM	Continuous Glucose Monitoring: with connected care system – Clinical case scenarios	Dr Suresh Damodharan (Coimbatore)
04:25 – 04:40 PM	Medical, Legal, and Ethical Implications of AI in clinical Care	Dr Durairaj Arjunan (panel) (mod), Dr Basavaraj S (Bangalore) Dr Suresh Damodharan (Coimbatore) Tech Dr Thiyagarajan T (Coimbatore)
04:40 – 05:25 PM	Diabetes Maxima	Chairpersons:
04:40 – 05:00 PM	IGlarLixi: a Simplified approach for T2DM Management	Dr Priyadhrshini (Erode)
05:00 – 05:20 PM	Basal Insulin–GLP1 RA Synergy: Translating Evidence into practice	Dr Narayanan (Chennai)
05:20 – 05:25 PM	Discussion	

Day 1 | 8th Aug 2026 | Damodharan Hall

5:25 – 06:30 PM	Foot Symposia	Chairpersons:
5:25-05:40	Don't Wait for the Wound: Detect the High-Risk Foot Early	Dr Ajith Kumar (Trivandrum)
05:40-05:55	Non-Healing Diabetic Ulcers: Early Closure vs Split Skin Grafting – Which Is Better?	Dr Thangavelu E (Erode)
05:55-06:10	Diabetes Foot disease and sequelae	Dr Anwar Hussain Vellore)
06:10-06:25	Biofilm –the invisible threat in DFU	Dr Amritava Ghosh (Raipur)
06:25 – 06:30 PM	Discussion	
06:30 – 07:00 PM		Chairpersons:
06:30 – 06:50 PM	Implementing the international guidelines on DKA and HHS through national surveillance registry- Experiences with DEKODE	Dr Punith Kempegowda (UK)
06:50 – 07:05 PM	Obesity,a chronic disease	Dr Deepak Khandelwal (Delhi)
07:05 – 07:20 PM	His Diabetes, Her Diabetes: Are They Really the Same Disease?	Dr. Sampath Sathish Kumar (Bangalore)
07:20 – 07:35 PM		
07:35 – 07:50 PM		
07:50 – 08:00 PM	Discussion	

Day 1 | 8th Aug 2026 | Mahendran Hall

08:00 AM onwards	Registration	
09:10 AM – 10:15 AM	Thyroid Grey zone	Chairpersons:
09:10 – 09:25 AM	TSH fluctuations: when to repeat? When to react?	Dr Ravi (Hyderabad)
09:25 – 09:40 AM	A 30-year-old lady on 200 mcg Levothyroxine with TSH 30: What are we missing?	Dr Mathew John (Trivandrum)
09:40 – 09:55 AM	Thyroid disorders in pregnancy: A look at the recent guidelines	Dr KVS Hari Kumar (Hyderabad)
09:55 – 10:10 AM	Should we treat Subclinical Hypothyroidism ?	Dr Sonali Appiah (Bangalore)
10:10–10:15 AM	Discussion	
10:15–11:20 AM	INAUGURATION in Hall A	
11:20 – 11:55 AM	Wellness Symposia	Chairpersons:
11:20 – 11:35 AM	The Best Diet: Does One Size Fit All?	Ms Shiny Surendran (Chennai)
11:35 – 11:50 AM	Fitness Routine For Doctors – Doctors first heal thyself	Dr Rajesh Rajendran (Chennai)
11:50 – 11:55 AM	Discussion	

Day 1 | 8th Aug 2026 | Mahendran Hall

11:55 – 12:20 PM	Panel Discussion	Chairpersons:
11:55 – 12:20 PM	Walking the Talk: How prioritizing your own wellness as a Doctor Transforms Patient Care The panel can explore the psychology of how doctors who actively manage their own diet and fitness are often more effective at counseling patients on lifestyle interventions.	Dr Rajesh rajendran (chennai) (Mod), Ms Shiny Surendran(Chennai), Dr Suresh Damodhran, Dr Dharani Krishnan,
12:30 – 1:10 PM	HALL A	
01:00 – 02:00 PM	LUNCH BREAK	
02:00 – 02:35 PM	Pituitary Symposia	Chairpersons:
02:00 – 02:15 PM	When to suspect pituitary disorders in primary care ?	Dr Gagan Priya (Mohali)
02:15 – 02:30 PM	A 32-Year-Old Woman with subfertility and a Prolactin of 45 ng/mL: Treat, Repeat, or Ignore?	Dr Arpan bhattacharyya (Bangalore)
2:30-02:35 PM	Discussion	

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02:35 – 03:10 PM		Chairpersons:
02:35 – 02:50 PM	A 38 year old male with Low Cortisol, Low FT4, and Low Testosterone: Where Is the Problem?	Dr Usha Ayyagari (Chennai)
02:50–03:05 PM	A 52-Year-Old with an Incidental Pituitary Lesion: how to handle ?	Dr Ganavi YP (Bangalore)
03:05–03:10 PM	Discussion	
03:10 – 03:40 PM		Chairpersons:
03:10 – 03:40 PM	Pituitary: Case based panel discussion	Dr Arpan bhattacharyya Dr Gagan Priya Dr Ganavi YP Dr Sameer Agarwal Dr Usha Ayyagari Dr Sridevi
03:40 – 04:30 PM		Chairpersons:
03:40 – 03:55 PM	A 19-Year-Old Woman with Irregular Periods Since Menarche: Is It Always PMOS?	Dr Vidhya Rajeev Jahagirdar (Coimbatore)
03:55 – 04:10 PM	Why the name matters: Understanding Polyendocrine Metabolic Ovarian Syndrome in 2026	Dr Beatrice Anne (Hyderabad)

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03:40 – 04:30 PM	Reproductive Endocrinology (Cont.)	Chairpersons:
04:10 – 04:25 PM	A 17-year-old boy presents with delayed puberty, absent secondary sexual characteristics, and low LH, FSH, and testosterone levels. MRI pituitary is normal. How would you approach puberty induction in hypogonadotropic hypogonadism?	Dr. Belinda George (Bangalore)
04:25 – 04:30 PM	Discussion	
04:30 – 05:05 PM		Chairpersons:
04:30 – 04:45 PM	His and Her Diabetes: Sexual Dysfunction Across the Spectrum	Dr Kiran Kumar (Hyderabad)
04:45–05:00 PM	COMMON ERRORS IN DIABETES PRESCRIPTION	Dr Hridish Narayana Chakravarthi (West Bengal)
05:00–05:05 PM	Discussion	
05:05 – 05:20 PM	Endocrine Emergencies	Chairpersons:
05:05 – 05:20 PM	A 42-year-old woman develops polyuria, polydipsia, and hypernatremia within 24 hours following transsphenoidal pituitary surgery. Over the next few days, she develops hyponatremia and fluctuating urine output. How would you approach the diagnosis and management?	Dr Bharath Ramji (Chennai)

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05:05 – 05:55 PM	Endocrine Emergencies (Cont.)	Chairpersons:
05:20 – 05:35 PM	Low Cortisol in the ICU: When Should Steroids Be Started?	Dr Shreya Sharma (Delhi)
05:35 – 05:50 PM	A 70-Year-Old with Fever, Delirium, and Atrial Fibrillation: Recognizing the Red Flags Before It's Too Late (Thyroid storm)	Dr Ipsita Mishra (Cuttack)
05:50 – 05:55 PM	Discussion	
05:55 – 06:35 PM		Chairpersons:
05:55 – 06:10 PM	When Cancer Therapy Causes Endocrine Failure	Prof. (Dr) Jayshree Swain (Bhubaneswar)
06:10 – 06:30 PM	Current Challenges in Diagnosis and Management of Pediatric Growth Hormone Deficiency	Dr Vijay Bhaskar Reddy (Pondicherry)
06:30 – 06:35 PM	Discussion	
06:35 – 07:15 PM	The Bone Clinic	Chairpersons:
06:35 – 06:50 PM	How do we manage osteoporosis in 2026: diagnostic and treatment updates	Dr Sumana Reddy (Hyderabad)
06:50 – 07:10 PM	A 58-Year-Old Woman with Three Vertebral Fractures and a Normal DEXA: What Are We Missing?	Dr Basavaraj Sooragonda (Bangalore)

Day 1 | 8th Aug 2026 | Mahendran Hall

06:35 – 07:15 PM	The Bone Clinic (Cont.)	Chairpersons:
07:10 – 07:15 PM	Discussion	
07:15 – 08:00 PM		Chairpersons:
07:15 – 07:30 PM	A patient on long-term osteoporosis therapy - continue, pause, or switch?	Dr. Antresa Jose (Kottayam)
07:30 – 07:45 PM	A 58-year-old woman with diabetes, vertebral fracture, normal BMD, and vitamin D deficiency -what would you do next?	Dr Nibu Dominic (kochi)
07:45 – 08:00 PM	Discussion	

Day 2 | 9th Aug 2026 | Damodharan Hall

08:00 AM onwards	Registration	
09:20 AM – 09:40 AM	The Diabetes Detective	Chairpersons:
09:20 – 09:35 AM	An 83-Year-Old with Diabetes and Recurrent Falls: Choosing the Right Therapy	Dr Tejas Shah (Mumbai)
09:35 – 09:40 AM	Discussion	
09:40 – 11:20 AM	Obesity Master Class	Chairpersons:
09:40 – 09:55 AM	Sarcopenic obesity in Indians : Cause for concern	Dr Rucha J metha (Ahemadabad)
09:55 – 10:15 AM	Obesity in south asia : a different epidemic	Dr Dina Shrestha (Nepal)
10:15 – 10:30 AM	Obesity and Bone health: a case based discussion	Dr Saptarshi Bhattacharya (Delhi)
10:30 – 10:50 AM	Panel Discussion	
10:50 – 11:10 AM	Single Pathway T2DM Therapy for Multi-dimensional Clinical Benefits	
11:00 – 11:20 AM	When Diabetes isnt type 2: Identifying Atypical Diabetes(MODY, LADA)	Dr Sri Nagesh (Hyderabad)

Day 1 | 8th Aug 2026 | Damodharan Hall

11:30 – 12:30 PM	Infectious disease symposia	Chairpersons:
11:30 – 11:50 AM	Common bugs with Catastrophic consequences- case based discussions	Dr Kripa Sridar (Coimbatore)
11:50 – 12:10 PM	Shots that save lives- Vaccine updates	Dr Subramaniam Swaminathan (Chennai)
12:10 – 12:30 PM	Panel discussion- challenging cases and changing epidemiology.	Dr Y Dayanandan (Chennai)
12:30 – 12:50 PM	2026 vision of managing T2DM with CKD	Dr Nivethitha Kartika (Madurai)
12:50–1:00 PM	TBD	Dr Muruganathan (Tirupur)

Day 2 | 9th Aug 2026 | Mahendran Hall

08:00 AM onwards	Registration	
09:25 – 10:15 AM	Endocrine Disorders missed in OPD	Chairpersons:
09:25 – 09:40 AM	Resistant Hypertension : When to suspect endocrine causes?	Dr Kaushik Pandit (kolkata)
09:40– 09:55 AM	A 58-year-old man developed fatigue, nausea, and postural hypotension two weeks after stopping long-term glucocorticoids. Treatment and Prevention aspects	Dr Shriram Mhadevan(Chennai)
09:55–10:10 AM	Hirsutism in a post or perimenopausal woman	
10:10 – 10:15 AM	Discussion	
10:15 – 10:50 AM	Chairpersons:	
10:15 – 10:30 AM	When Laboratory Tests Mislead: Recognizing Pitfalls in Common Clinical Investigations	Dr Geena (Kochi)
10:30 – 10:45 AM	Premature Ovarian Insufficiency (POI) in Young Women: Beyond Bone Protection to Psychological & Cardiovascular Care	Dr G Shanmuga Sundar (Chennai)
10:45 – 10:50 AM	Discussion	

Day 2 | 9th Aug 2026 | Mahendran Hall

10:50 – 11:55 AM	Bones, Calcium & Clinical Conundrums	Chairpersons:
10:50 – 11:05 AM	Adult Non- Diabetic Recurrent Hypoglycemia	Dr Sameer Aggarwal (Harayana)
11:05 – 11:20 AM	55 year old man with serum calcium of 13 mg/dl. What next?	Dr Chandhana (Hyderabad)
11:20 – 11:35 AM	A 28-Year-Old with Tingling, Muscle Cramps, and a Calcium of 6.8 mg/d..	Dr Akhil Krishna (Thiruvananthapuram)
11:35 – 11:50 AM	Calcium and vitamin D across the lifespan	Dr. M V Rama Mohan (Nellore)
11:50 – 11:55 AM	Discussion	Chairpersons:

CALL FOR ABSTRACT

12TH INTERNATIONAL DIABETES AND ENDOCRINE CONFERENCE

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M.B.B.S, MRCP, (UK), CCST (Int-Medicine) (London) CCST
(Diabetology & Endocrinology) (London)

Consultant Diabetes & Endocrinology, Sri Ramakrishna Hospital,
Coimbatore.

Ex-Vice-President, Endocrine Society of India

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ITindustries.com

Mob: +91 95992 02691

Email: decon@itindustries.com